Excel versions:

.xls ***Trac*_v2011compat.xls*** software works in Excel 1997-2003 detailed below.
.xlsm ***Trac*_v2011.xlsm*** software works in Excel 2007 and up detailed below.

Microsoft Windows
.xls Excel 97 (version 8.0) included in Office 97 (for x86 and Alpha)
.xls Excel 2000 (version 9.0) included in Office 2000
.xls Excel 2002 (version 10) included in Office XP
.xls Office Excel 2003 (version 11) included in Office 2003
.xlsm Office Excel 2007 (version 12) included in Office 2007
.xlsm Excel 2010 (version 14) included in Office 2010

Apple Macintosh
.xls Excel 8.0 (part of Office 98)
.xls Excel 9.0 (part of Office 2001)
.xls Excel 10.0 (part of Office v. X)
.xls Excel 11.0 (part of Office 2004)
.xlsm Excel 14.0 (part of Office 2011) – Visual Basic back in

Apple Macintosh
Excel 12.0 (part of Office 2008) – Visual Basic not included, Trac Software will not work